

Speak Up Show Up And Stand Out The 9 Communication Rules You Need To Succeed

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Voices from the Heartland Sara Beam 2019-08-22 Despite progress in recent years, Oklahoma hardly ranks as woman-friendly. The state holds the highest incarceration rate of women in the nation. It offers women no legal protection against being fired due to sexual orientation or gender identity. Its Native American and immigrant populations struggle for access to community resources. And Oklahoma is still governed largely by men, leaving women without adequate political representation. In 2007, the highly acclaimed anthology *Voices from the Heartland* provided a much-needed platform for Oklahoma women—prominent and unknown—to tell their stories. This timely sequel reflects an even broader cross-section of women’s experiences. Just like its predecessor, *Voices from the Heartland: Volume II* offers memorable accounts of struggle and transformation. It does not sugarcoat the problems that women face in contemporary Oklahoma—and in many parts of underprivileged America: racism, sexism, homophobia, poverty, addiction. The 38 contributions gathered here are honest and, at times, raw. They cover such varied topics as girlhood, trauma, the workplace, parenting, politics, and religious beliefs. Taken together, the essays comprise a living artifact of women’s history, accessible and, as an anthology, ideally suited for classroom use. In the wake of the #MeToo movement, it is more important than ever to listen to what women have to say about their own lives, including—and perhaps especially—women from flyover states like Oklahoma. As Sara N. Beam states so eloquently in her preface, “You’ll read their stories here as they want them told: in a mix of poetry and prose, in the voice of a relative, in the voice of a tired person across the breakroom table, in a secret hush, or in a voice not unlike that of your best friend or mother.” These voices from the heartland inspire us to pause, to listen, to understand, to evolve, and to make a difference.

Big and Bold: Strength Training for the Plus-Size Woman Morit Summers 2021-10 Big & Bold: Strength Training for the Plus-Size Woman explains how plus-size women can get started with strength training and reach progressive goals. It shows how to make exercises and workouts more effective for larger bodies, and it includes sample workouts to put the exercises together.

Unmuted Heather Hansen 2022-03-17 Professional communication has become more complex than ever as, with the rise of remote working and the increasing prominence of social media, we frequently find ourselves muted – when we can't find the opportunities to speak up or our ideas aren't getting the credit they deserve. In *Unmuted*, Heather Hansen draws upon her years of experience as a communication specialist and consultant to illustrate how you can overcome these obstacles and make your voice heard. Building upon research from business psychology, cultural studies and linguistics, *Unmuted* is the essential guide to professional communication. Through the unique 'Unmuted' framework, it provides practical strategies that will bring confidence and clarity to every aspect of your career, from writing perfectly worded emails to delivering powerful presentations.

Learners in Japanese Language Classrooms Reiko Yoshida 2011-10-27 The verbal participation of learners in language classrooms offers a rich seam of data to the applied linguist. Overt and covert participation, when examined, can reveal both the structures of a classroom and elicit privileged information on participant's self-perceptions. It examines the verbal participation of learners in Japanese as a Foreign Language classrooms. Verbal interactions with teachers and classmates and 'private' speech acts are examined in relation to the classroom context and also sociocultural factors such as the learner's motivation and the teacher's belief in their own methods. The examination of corrective feedback episodes and learners' private speech uses recorded speech and stimulated recall interviews recorded over the period of a year. The main focus is on Corrective Feedback episodes, and explains not only the language used in class but also teacher's and learner's own perceptions. It will be of interest to researchers in applied linguistics and second language acquisition, especially those involved with Japanese as a second or other language.

Nice girls don't speak up Lois P. Frankel 2021-03-16 Het nieuwe boek van de auteur van dé carrièrebestseller *Nice girls don't get the corner office!* Hoe vaak heb je jezelf afgevraagd waarom je niets hebt gezegd tijdens een vergadering? Of waarom je niet hebt gevraagd om de loonsverhoging die je duidelijk verdiende? Of heb je de taak van iemand anders uitgevoerd omdat je niet wilde zeuren? Waarschijnlijk regelmatig en de reden is telkens dezelfde: je hebt geleerd om aardig te zijn, om te pleasen. Met Frankel als je persoonlijke coach leer je zelfverzekerd, authentiek en duidelijk te communiceren – en zo je carrière in eigen handen te nemen. Gebaseerd op meer dan vijftientig jaar praktijkervaring. In dit gloednieuwe boek van Lois P. Frankel, auteur van de bestseller *Nice girls don't get the corner office*, leer je hoe je op de meest effectieve manier kunt communiceren. Van de basis en het navigeren in sticky situations tot de kunst om anderen te beïnvloeden, dit handboek laat je met praktijkvoorbeelden en krachtige tools zien hoe je de zichtbaarheid en waardering krijgt die je verdient! Want een vrouw op de werkvloer is helaas nog steeds veel te vaak een nice girl. In de pers: ‘De lessen uit *Nice girls don't get the corner office* zijn onverminderd relevant.’ Eva Jinek ‘Lieve meisjes komen niet ver. Stop dus met ploeteren, met aardig en behulpzaam zijn. En hou eens op je zo vaak te verontschuldigen. En nooit huilen op je werk. Maar daar is met dit handboek straks ook geen enkele reden meer voor.’ Trouw ‘Aan de hand van 133 typische fouten die vrouwen op het werk maken, neemt Frankel je met haar vlotte schrijfstijl mee in de wereld van de kantoopsyche.’ *Glamour*

Woman Up! Aimee Cohen 2014-06-24 *Woman UP!* is the go-to resource for women who want to finally get out of their own way and get ahead in their careers. Author Aimee Cohen’s passionate approach is “like combining your best girlfriend and an elite career expert...in a powerful purse-sized package!” Her insights are a product of more than 20 years of experience and a nearly 100% success rate helping hundreds of clients. *Woman UP!* conveys a powerful and practical message that exposes seven self-sabotaging behaviors that keep women from success. Using real-life examples, shared experiences, and Aimee’s own guilty confessions, *Woman UP!* delivers the sage advice every woman wishes she had at the start of her career: put on your big-girl panties and take control of your career. Come on, girls.. It’s time to *Woman*

UP!

English Verbs F. Vincent Hopper 2012-10-01 The new edition of this quick-reference book makes a handy classroom supplement for high school and college students, and serves as a valuable language aid for ESL students. Helpful features include: 120 irregular verbs conjugated in all tenses A special section on phrasal verbs A review of standard English usage Troublesome words and phrases Rules of punctuation Small in format but packed with information, this book fits easily in backpacks or attaché cases for taking to class or carrying along to study sessions.

ambITCHous Debra Condren 2006-12-26 Wouldn't it be great if you could be audaciously ambitious and happy at the same time? You can, and you will. “I’m here to tell you that all of your priorities—personal and ambitious career goals alike—can fit together harmoniously. I’ll show you how, like thousands of women I’ve worked with over the years, you can make more money, earn the credit and recognition you deserve, have more power, and be as ambitious as you want to be. I’ll show you how you can be ambitious without compromising your ethics and integrity. I’ll show you that you can feel worthy and entitled to all of this without fear that you risk sacrificing your desire to have a full, happy personal life and without being afraid that you’ll be less of a woman. It’s worked for me. It’s worked for countless ambitious women I’ve advised. It will work for you.” —From *ambITCHous* We women aren’t advancing in our careers the way we should. We’re not making the money we deserve or getting the fulfillment we desire. And this time it’s not men who are holding us back. This time we’re doing it to ourselves, because ambition—for us—is still a dirty word. Debra Condren has coached thousands of women at every level—from those just starting out to the most powerful female executives in the United States—and each one possesses the same fear: if she goes after her dream, she’ll be seen as selfish, bitchy, a bad wife, or bad mother. But it’s exactly this fear of ambition that has forced women to leave the best part of themselves—their dreams, their great talents—by the roadside, rendering them less able to be the whole people they should be in every area of their lives. Condren has a new message and mission: to remind women that ambition is a virtue, not a vice. Ambition is the best of who we are. The real way to have a great life is to see ambition as a part of your value system to which you must give equal attention, along with the other priorities you hold dear, including your spouse, your children, and your friends. In *ambITCHous*, Dr. Condren offers fresh, powerful tools for reclaiming your dreams. Her eight *ambITCHous* Rules provide concrete, innovative solutions to the everyday struggles we as women face, like taking credit, deflecting detractors, and handling confrontation, so that you can become more powerful and fulfilled at work and more satisfied at home. You can redefine your ambition in the face of social sanctions and unapologetically go after your dreams without sacrificing the rest of your life. You owe it to yourself and the world to make the contribution you were born to make. Debra Condren will show you how to do it. **Revision** Alice Horning 2006-05-22 Explores the wide range of scholarship on revision while bringing new light to bear on enduring questions in composition and rhetoric.

e-Superduper Model Composition for Primary 1 Amanda Lee 2012-11-23 *Superduper Model Compositions* is a collection of compositions specially compiled with the aim of assisting students in their writing. This book comprises 200 model compositions, which are organized according to different themes, and hence serves as a reference book for ideas for similar topics. The various styles of writing on different subjects provide the students with the knowledge in planning and developing their own writing. The vivid descriptions give life and spirit to the compositions, making this collection ideal for leisure reading as well. Appendices are added at the end of the book, providing students with useful information on Word Forms, Country, People and Language, Commonly Used Phrasal Verbs, Similes, Idioms and Proverbs. It is hoped that the students will find this book helpful and the materials beneficial in their efforts to improve their language skills and to write more effectively.

The Influential Voice Tricia Brouk 2021-04-27 With over thirty years of experience in film, TV, and theater, Tricia Brouk uses her platform to create a safe, inclusive space for others to learn how to share their stories. *The Influential Voice* is a powerful reminder of the responsibility we have to use our voices for good, and that by staying silent, we are preventing someone from hearing our powerful story. When you become an influential voice and share your story, you can change—and even save—a life.

FIRE Melissa Calixte 2021-02-19 Fitness is not everything to me. There is so much more inside, I guarantee you. I only discovered a small percentage of what I am passionate about and what I can create. Fitness is a tool for joy, a tool to bring people solutions, and help them feel better. As for writing, it's another chapter. Life is about finding happiness and sharing with others, but nothing can happen without bringing to light what's inside. It is the only way to give the world the gift of uniqueness that will finally make the change.

e-Superduper Model Composition for Primary 3 Amanda Lee 2013-05-28 *Superduper Model Compositions* is a collection of compositions specially compiled with the aim of assisting students in their writing. This book comprises 200 model compositions, which are organized according to different themes, and hence serves as a reference book for ideas for similar topics. The various styles of writing on different subjects provide the students with the knowledge in planning and developing their own writing. The vivid descriptions give life and spirit to the compositions, making this collection ideal for leisure reading as well. Appendices are added at the end of the book, providing students with useful information on Word Forms, Country, People and Language, Commonly Used Phrasal Verbs, Similes, Idioms and Proverbs. It is hoped that the students will find this book helpful and the materials beneficial in their efforts to improve their language skills and to write more effectively.

Playing Big Tara Mohr 2014-10-16 'At last. At last this very important book has been written . . . It will empower legions of women to step into their greatness.' Elizabeth Gilbert, author of *EAT, PRAY, LOVE* What could you achieve if you were confident enough to take risks? How much more fulfilled would you be if you ignored other people's perceptions and forged your own path? All too often talented women feel unable to share their opinions, challenge the norm or take the lead. But now it's time to play big. As the founder of a global leadership programme for women, Tara Mohr has spent

her career teaching exceptional women to find their voice and their confidence. In *Playing Big* she shares her proven techniques for mastering self-doubt, dealing with criticism and communicating with authority. She also demonstrates how to become self-assured enough to stop planning and take a leap forward so that you can achieve the things you want most. 'The perfect catalyst for any woman who wants to go outside her comfort zone, find her voice and embrace the biggest possibilities of her life.' Kelly McGonigal, PhD, author of *The Willpower Instinct*

e-Superduper Model Composition for Primary 5 Amanda Lee 2012-11-23 Superduper Model Compositions is a collection of compositions specially compiled with the aim of assisting students in their writing. This book comprises 200 model compositions, which are organized according to different themes, and hence serves as a reference book for ideas for similar topics. The various styles of writing on different subjects provide the students with the knowledge in planning and developing their own writing. The vivid descriptions give life and spirit to the compositions, making this collection ideal for leisure reading as well. Appendices are added at the end of the book, providing students with useful information on Word Forms, Country, People and Language, Commonly Used Phrasal Verbs, Similes, Idioms and Proverbs. It is hoped that the students will find this book helpful and the materials beneficial in their efforts to improve their language skills and to write more effectively.

Ambition Is Not a Dirty Word Debra Condren 2008-02-12 Wouldn't it be great if you could be audaciously ambitious and happy at the same time? You can, and you will. "I'm here to tell you that all of your priorities—personal and ambitious career goals alike—can fit together harmoniously. I'll show you how, like thousands of women I've worked with over the years, you can make more money, earn the credit and recognition you deserve, have more power, and be as ambitious as you want to be. I'll show you how you can be ambitious without compromising your ethics and integrity. I'll show you that you can feel worthy and entitled to all of this without fear that you risk sacrificing your desire to have a full, happy personal life and without being afraid that you'll be less of a woman. It's worked for me. It's worked for countless ambitious women I've advised. It will work for you." —From *Ambition is Not a Dirty Word: A Woman's Guide to Earning Her Worth and Achieving Her Dreams* We women aren't advancing in our careers the way we should. We're not making the money we deserve or getting the fulfillment we desire. And this time it's not men who are holding us back. This time we're doing it to ourselves, because ambition—for us—is still a dirty word. Debra Condren has coached thousands of women at every level—from those just starting out to the most powerful female executives in the United States—and each one possesses the same fear: if she goes after her dream, she'll be seen as selfish, bitchy, a bad wife, or bad mother. But it's exactly this fear of ambition that has forced women to leave the best part of themselves—their dreams, their great talents—by the roadside, rendering them less able to be the whole people they should be in every area of their lives. Condren has a new message and mission: to remind women that ambition is a virtue, not a vice. Ambition is the best of who we are. The real way to have a great life is to see ambition as a part of your value system to which you must give equal attention, along with the other priorities you hold dear, including your spouse, your children, and your friends. In *Ambition is Not a Dirty Word*, Dr. Condren offers fresh, powerful tools for reclaiming your dreams. Her eight Ambitious Rules provide concrete, innovative solutions to the everyday struggles we as women face, like taking credit, deflecting detractors, and handling confrontation, so that you can become more powerful and fulfilled at work and more satisfied at home. You can redefine your ambition in the face of social sanctions and unapologetically go after your dreams without sacrificing the rest of your life. You owe it to yourself and the world to make the contribution you were born to make. Debra Condren will show you how to do it.

Zelfcompassie Kristin Neff 2011-08-12 Compassie hebben met anderen, dat lukt meestal wel. Maar compassie hebben met jezelf is vaak een stuk moeilijker. Dat ontdekte psychologe en boeddhist Kristin Neff na haar pogingen om los te komen van de problematische relatie met haar vader. Steeds weer belandde ze bij verkeerde mannen en in relaties die haar niet gelukkig maakten, totdat ze beseftte dat ze pas liefde kon geven als ze zichzelf liefhad. Zelfcompassie gaat volgens Kristin Neff om drie dingen: begrip voor jezelf als je het moeilijk hebt, acceptatie dat lijden onvermijdelijk deel uitmaakt van het leven, en het onder ogen zien van je eigen emoties, zonder te oordelen.

RAPIDEX ENGLISH SPEAKING COURSE (Oriya) (With CD) V&S EDITORIAL BOARD 2015-01-09 A legendary language learning course undoubtedly! Rapidex English Speaking Course is the only speaking course of its kind whose features can be described in superlative degree only. It has already benefited millions of readers across the country. Experts have unanimously declared it as the best self-study course. Perhaps that is the reason that for over 15 years it has constantly been on the top of the best sellers list in the market. What is the secret of its great popularity? Maybe, a no-nonsense down-to-earth approach and a very scientific methodology that takes into its account the special requirements of Indian learners. In any case it is not just another crash course that begins with a bang but ends with a whimper. Rather its contents and subject matters have been specially designed to help a common man achieve maximum command on the language in a very short time. The most important part of this self-study course is confidence building measures because it has been found from the long experience that biggest problem in the path of fluently speaking a foreign language is hesitation, that arises out of lack of confidence. Many people, who have good command over the language and are well aware of its grammar and composition, can't speak the language fluently. Why? The answer is simple. While speaking they try to construct a sentence in their mother language and do the mental translation before uttering a single line. This creates not only confusion but utter chaos in their mind. As a result they feel great hesitation to speak simple sentences. In some cases, however, the problem is more complex, as they lack the basic knowledge of the English language. Rapidex English Speaking Course takes care of both the cases. So, what are you waiting for? Go ahead and discover the secret of fluency in English speaking. Explore and develop your hidden potential and face the world with a new-found confidence and smartness. Only the sky should be your limit. No matter which language you know or speak, be it Hindi, Marathi, Gujarati, Tamil, Telegu, Assami, Oriya, Kannad, Punjabi, Bengali, Nepali or Urdu, with the help of this book English will no more be a foreign language for you. A must for every Indian home.

Speak Up, Show Up, and Stand Out: The 9 Communication Rules You Need to Succeed Loretta Malandro 2014-11-17 MASTER A NEW WAY OF COMMUNICATING TO BUILD INFLUENCE AND ACHIEVE UNPARALLELED SUCCESS *Speak Up, Show Up, and Stand Out* provides the rules for exemplary business communication. This lean and effective guide isn't just about choosing the right words; it's a whole new way of communicating to achieve unparalleled success. It offers the tools and skills readers need to build influence, deliver results, and significantly increase their communication effectiveness.

Man Up! No Excuses - Do the Work! Demitri Kornegay 2007-06-01 Uniquely written by a father, mentor, football coach, and a police officer who has labored over 20 years shaping and molding young men's lives, this volume is an extraordinary practical guide for self-development.

Kleurenblind Trevor Noah 2017-02-21 Trevor Noah's bijzondere levensverhaal - van een arme jeugd onder de apartheid in Zuid-Afrika tot geliefde comedian en presentator van *The Daily Show* - begon met een misdaad: zijn geboorte. Hij werd, hoewel gemengde relaties verboden waren, geboren als zoon van een blanke Europese vader en een zwarte Xhosa-moeder, die

voor de buitenwereld moest doen alsof ze zijn nanny was in de weinige momenten dat ze als gezin samen waren. Zijn briljante, excentrieke moeder speelde een hoofdrol in zijn leven: ze was komisch en diepgevoelig (ze gingen zes dagen per week naar de kerk en op zondag zelfs drie keer), en hielp Trevor op zijn hobbelige weg naar wereldfaam. Trevors belevenissen zijn afwisselend bizar, gevoelig en hilarisch. Zo vertelt hij hoe ze rupsen aten als er geen geld was, hoe hij uit een auto werd geslingerd tijdens een poging tot kidnapping, en over tienerverliefdheden in een door huidskleur geobsedeerde maatschappij. Zijn verhalen schetsen een onvergetelijk portret van een jongen die opgroeit in een snel veranderende wereld, gewapend met een scherp gevoel voor humor en onvoorwaardelijke moederliefde.

Taking the Stage Judith Humphrey 2014-10-13 Many women today wonder: what will it take to get that seat at the boardroom table? Earn that coveted promotion? Or simply have their voices heard? *Taking the Stage* provides a comprehensive, proven approach that enables women to come forward into the spotlight and speak up, stand out, and succeed. Based on a program from the Humphrey Group that has been delivered to over 400,000 women worldwide, *Taking the Stage* shows women—no matter their age, rank, or profession—how to communicate with courage and confidence in every situation, from formal speeches to brief hallway conversations. Judith Humphrey provides the inspiration and practical advice for women to “take the stage” mentally, verbally, vocally, and physically. Women can make the most of every opportunity by understanding how best to: Speak up confidently, even when others don't agree; Convey their accomplishments without self-doubt; Be assertive but not aggressive; Deliver clear and convincing messages; Move beyond “minimizing” language and apology; Find their own powerful and authentic voice; Achieve confident body language and a leadership presence. By applying these techniques and others to every communication—whether making a presentation, speaking at meetings, conducting an elevator conversation, or selling themselves in job interviews—women will be recognized as the leaders they are and attain positions of influence. For women at all stages of their career, and for managers and executives committed to supporting and guiding women on their leadership journeys, *Taking the Stage* is the practical, broad-based solution that will allow women to speak up confidently, gain respect, earn the promotions they deserve, and secure their places at the boardroom table.

Nice girls don't get the corner office Lois P. Frankel 2018-08-21 Het ultieme carrièreboek voor vrouwen in een prachtige nieuwe uitvoering *Werk jij altijd non-stop door zonder pauze? Maak je je zorgen of je anderen niet beledigt met je feedback? Vraag je collega's altijd om raad voordat je een beslissing neemt? Of wil je gewoon dat iedereen je aardig vindt? Als je een van de bovenstaande vragen met ja hebt beantwoord, is volgens Lois P. Frankel de kans groot dat er regelmatig een promotie aan je neus voorbijgaat en dat het je meestal niet lukt om je dromen & ideeën waar te maken.* Lois P. Frankel is coach en bedrijfstrainer. Vijfentwintig jaar lang runde ze een praktijk voor psychotherapie waar ze voornamelijk werkende vrouwen behandelde. *Nice girls don't get the corner office* is het resultaat van al die praktijkervaring. Het gaat over de meest gemaakte fouten van vrouwen op hun werk, het doet suggesties om grip te krijgen op je carrière en het beschrijft manieren waarop je jezelf in de weg zit bij het benutten van al je talenten. De praktische adviezen zijn onderverdeeld in zes thema's: hoe je het spel speelt; hoe je gedraagt; hoe je denkt; hoe je jezelf op de markt brengt; hoe je klinkt; hoe je eruitziet en hoe je reageert. De pers over *Nice girls don't get the corner office*: 'De lessen uit *Nice girls don't get the corner office* zijn onverminderd relevant.' Eva Jinek 'Lieve meisjes komen niet ver. Stop dus met ploeteren, met aardig en behulpzaam zijn. En houd eens op je zo vaak te verontschuldigen. En nooit huilen op je werk. Maar daar is met dit handboek straks ook geen enkele reden meer voor.' Trouw 'Elke vrouw die vooruit wil komen in het bedrijfsleven zou dit boek moeten lezen. Het is een fascinerende crashkursus in uitstraling, invloed en communicatie van een succesvolle en verhelderende coach. Geweldig!' Anne Fisher, Fortune en CNN

Speak Up and Stand Out Nanci McGraw 1997-06

e-Superduper Model Composition for Primary 2 Amanda Lee 2012-11-23 Superduper Model Compositions is a collection of compositions specially compiled with the aim of assisting students in their writing. This book comprises 200 model compositions, which are organized according to different themes, and hence serves as a reference book for ideas for similar topics. The various styles of writing on different subjects provide the students with the knowledge in planning and developing their own writing. The vivid descriptions give life and spirit to the compositions, making this collection ideal for leisure reading as well. Appendices are added at the end of the book, providing students with useful information on Word Forms, Country, People and Language, Commonly Used Phrasal Verbs, Similes, Idioms and Proverbs. It is hoped that the students will find this book helpful and the materials beneficial in their efforts to improve their language skills and to write more effectively.

The Gift of Shift Tracey MacDonald 2020-12-10 “With *The Gift of Shift*, Tracey and Ann invite us to find ourselves inside genuine stories of awakening to the magical current of synchronicities, hope and deeper meanings that exist all around us, at all times. A beautiful compilation of anecdotes and narratives that reads like a sincere invitation to come back home to what really matters.” - Anne Bérubé, PhD., bestselling inspirational author of *Be Feel Think Do If* life is weighing you down, feels out of control, keeping you stuck in the pain and emotion of your experiences, or you are simply wanting more out of life, then it's time for a shift... In *The Gift of Shift*, Tracey and Ann share a collection of short, personal and sometimes intimate stories to illustrate and inspire mindset change through increasing personal awareness and claiming the power of choice. These pages have been written to make it easy for you to choose change. It has been designed for you to journal your responses to thoughtful, introspective questions following each story to motivate making shift happen for yourself. Let *The Gift of Shift* be your personal guide.

Through the experience of reading the stories, practicing self-reflection and choosing to unwrap each gift, you'll be able to: • feel lighter • know yourself on a deeper level • find peace within • create positive change • have a new outlook on life “I simply loved this book. *The Gift of Shift*, is at its heart a call for you to NOTICE what is going on in your life. Open your eyes to the lessons your life is here to teach you.” - Melanie Gorman, SVP Tango Media

Charismatic Leadership in Singapore Dayan Hava 2012-01-16 This volume explores the nature of charisma as it accounts for the success of leaders. Charisma is deconstructed and illustrated through the "case studies" of three influential leaders in Singapore. Cultural issues are discussed and leadership qualities in general are explored.

The Hate U Give Angie Thomas 2017-05-29 Starr Carters beste vriend Khalil wordt doodgeschoten door een politieagent. Khalil had geen wapen op zak maar was 'vermoedelijk' een drugsdealer. Verslagen door emoties probeert Starr zichzelf te herpakken in een samenleving vol ongelijkheid. De armoedige buurt waarin ze woont geeft een groot contrast met de school waar ze elke dag naartoe gaat. Overleven in deze twee werelden wordt steeds lastiger en de waarheid spreken krijgt een hoge prijs.

The Business Student's Guide to Study and Employability Peter Morgan 2020-11-18 Fully up-to-date and with a range of online tools and resources to support both lecturers and students, this book covers the essential skills needed by business and management students throughout their university career and on their journey into the working world.

It's Not Who You Know -- It's Who Knows You! David Avrin 2009-10-29

Nice Girls Don't Speak Up or Stand Out Lois P. Frankel 2020-06-16 Discover the "must-listen for every smart, capable woman who wants to succeed"-a guide on how to communicate with maximum impact in the workplace that's the new book in the New York Times bestselling Nice Girls Don't series (Anne Fisher, Fortune.com). How many times have you asked yourself why you didn't speak up in a meeting? Or pushed for the raise you deserved? Or agreed to take on someone else's task because you didn't want to rock the boat? Whether the answer is once or ten times or more, the reason is the same: It's because you're a nice girl who goes along to get along. But staying quiet and being ignored are not paths to achievement. Now, in *Nice Girls Don't Speak Up or Stand Out*, Dr. Lois Frankel shows you how to be an effective communicator and advocate for yourself. From the basics of speaking up to navigating sticky situations and mastering the art of influencing others, this audiobook provides step-by-step advice using real-life examples and powerful tools such as: Be a broken record Choose powerful word Never say no Enlist advocates And many more -- in bonus materials for extra tools in your pocket Dr. Frankel chose the format of this new audio-first work carefully, with the mission of creating an interactive and impactful listen, interweaved with actionable recommendations, real-life anecdotes, and concrete examples of not only what to say in various scenarios, but how to say it. *Nice Girls Don't Speak Up or Stand Out* dives deeply into nearly one hundred everyday challenges women face related to communication. With Dr. Lois Frankel as your guide, you can learn how to express yourself confidently, courageously, and clearly -- and start taking charge of your career.

Realtime Speaking Robert Rabbin 2008 "Public speaking with credibility and confidence through authentic connection."-- Provided by publisher.

RAPIDEX ENGLISH SPEAKING COURSE (Assame) (With CD) V&S EDITORIAL BOARD 2015-01-09 A legendary language learning course undoubtedly! Rapidex English Speaking Course is the only speaking course of its kind whose features can be described in superlative degree only. It has already benefited millions of readers across the country. Experts have unanimously declared it as the best self-study course. Perhaps that is the reason that for over 15 years it has constantly been on the top of the best sellers list in the market. What is the secret of its great popularity? Maybe, a no-nonsense down-to-earth approach and a very scientific methodology that takes into its account the special requirements of Indian learners. In any case it is not just another crash course that begins with a bang but ends with a whimper. Rather its contents and subject matters have been specially designed to help a common man achieve maximum command on the language in a very short time. The most important part of this self-study course is confidence building measures because it has been found from the long experience that biggest problem in the path of fluently speaking a foreign language is hesitation, that arises out of lack of confidence. Many people, who have good command over the language and are well aware of its grammar and composition, can't speak the language fluently. Why? The answer is simple. While speaking they try to construct a sentence in their mother language and do the mental translation before uttering a single line. This creates not only confusion but utter chaos in their mind. As a result they feel great hesitation to speak simple sentences. In some cases, however, the problem is more complex, as they lack the basic knowledge of the English language. Rapidex English Speaking Course takes care of both the cases. So, what are you waiting for? Go ahead and discover the secret of fluency in English speaking. Explore and develop your hidden potential and face the world with a new-found confidence and smartness. Only the sky should be your limit. No matter which language you know or speak, be it Hindi, Marathi, Gujarati, Tamil, Telegu, Assami, Oriya, Kannad, Punjabi, Bengali, Nepali or Urdu, with the help of this book English will no more be a foreign language for you. A must for every Indian home.

Nonlinear Models for Archaeology and Anthropology William W. Baden 2016-12-05 The dominant social theory used by archaeologists has tended to focus on either small scale agency or large-scale cultural patterns and processes of change. The authors of this volume argue that archaeologists should use nonlinear models to more accurately model the connections between scales of analysis, and show how micro-scale variation can lead to macro-scale cultural change. This work examines the applications of nonlinear systems models within archaeology and evaluates the range of approaches currently encompassed within Complexity Theory.

e-Superduper Model Composition for Primary 6 Amanda Lee 2012-11-12 Superduper Model Compositions is a collection of compositions specially compiled with the aim of assisting students in their writing. This book comprises 200 model compositions, which are organized according to different themes, and hence serves as a reference book for ideas for similar topics. The various styles of writing on different subjects provide the students with the knowledge in planning

and developing their own writing. The vivid descriptions give life and spirit to the compositions, making this collection ideal for leisure reading as well. Appendices are added at the end of the book, providing students with useful information on Word Forms, Country, People and Language, Commonly Used Phrasal Verbs, Similes, Idioms and Proverbs. It is hoped that the students will find this book helpful and the materials beneficial in their efforts to improve their language skills and to write more effectively.

Find Your Voice Caroline Goyder 2020-01-30 'This book is brilliant! It will change lives.' - Suzy Walker, Editor-in-Chief, Psychologies 'A fantastic guide to speaking up and overcoming insecurities by the best voice coach ever.' - Viv Groskop, author of *How to Own the Room* Speak up and stand out Whether you want more social confidence in your day-to-day life, are hosting an event or appearing on a podcast, Find Your Voice will empower you to be bold, be present and captivate any audience. Based on decades of helping broadcasters, celebrities, teachers and top level professionals speak effortlessly in front of others, renowned voice teacher and communication expert Caroline Goyder will show you how to: · Harness the full potential of your body, breath and voice · Genuinely connect to others in a dizzyingly distracted world · Stand out as calm speaker whatever the situation

e-Superduper Model Composition for Primary 4 Kwan Hui Choo 2012-05-14 Superduper Model Compositions is a collection of compositions specially compiled with the aim of assisting students in their writing. This book comprises 200 model compositions, which are organized according to different themes, and hence serves as a reference book for ideas for similar topics. The various styles of writing on different subjects provide the students with the knowledge in planning and developing their own writing. The vivid descriptions give life and spirit to the compositions, making this collection ideal for leisure reading as well. Appendices are added at the end of the book, providing students with useful information on Word Forms, Country, People and Language, Commonly Used Phrasal Verbs, Similes, Idioms and Proverbs. It is hoped that the students will find this book helpful and the materials beneficial in their efforts to improve their language skills and to write more effectively.

Idiom Structure in English Adam Makkai 1972-01-01

Presence Amy Cuddy 2016-02-25 'Verplicht leesvoer voor iedereen die het allerbeste uit zichzelf wil halen.' – Kim Hubbard, auteur van *People* Heb je dat wel eens – dat je na een zenuwslopende uitdaging meteen verlangt naar een herkansing? Misschien na een sollicitatiegesprek, een optreden of een lastige presentatie? Juist op momenten die authenticiteit en kracht van je vragen, kun je je onecht en krachteloos voelen. En kun je daarna jezelf allerlei verwijten maken en er nog jarenlang met spijt op terugkijken. Amy Cuddy heeft miljoenen kijkers in vervoering gebracht met haar TED-talk over 'power poses'. Nu geeft ze ons de intrigerende wetenschappelijke feiten. Ze leert ons eenvoudige technieken die ons helpen om los te komen van angst op spannende momenten en het beste uit onszelf te halen. Presence kenmerkt zich door een stevige wetenschappelijke onderbouwing die op een toegankelijke manier wordt gebracht door een gepassioneerde auteur. Het boek staat vol persoonlijke verhalen van mensen die ooit in de greep waren van angst maar dankzij de adviezen van Cuddy tijdens spannende momenten (weer) een beroep kunnen doen op hun persoonlijke kracht. Amy Cuddy liep op 19-jarige leeftijd ernstig hoofdletsel op. Medici betwijfelden of ze ooit haar mentale capaciteit terug zou krijgen en haar opleiding af zou kunnen maken. Inmiddels is zij sociaal psycholoog, professor en onderzoeker op Harvard Business School. Zij imponeerde in 2012 kijkers over de hele wereld met haar ted-talk over 'power poses', die nog steeds in de top-drie van meest bekeken ted-talks aller tijden staat. 'Cuddy legt een hartverwarmende bescheidenheid aan de dag. Haar eigen "presence" – haar hartsverlangen om de onzeker en twijfelaars onder ons te helpen in dit tijdperk van angst – is voelbaar op iedere bladzijde. Presence is concreet én inspirerend, eenvoudig én ambitieus. Maar boven alles: heel krachtig.' – New York Times 'Amy Cuddy maakt de wereld moediger met haar boek. Moed is op een goede manier besmettelijk en presentie zet aan tot presentie. Ze wisselt wetenschap, praktijkvoorbeelden en individuele verhalen af om duidelijk te maken hoe we in uitdagende situaties ons moedigste, meest authentieke zelf kunnen aanspreken en anderen kunnen uitnodigen om hetzelfde te doen. Dit boek is een game-changer!' – Brene Brown *The BIG English Grammar Book (Advanced 2)* 繁體中文 (第 2) Samuel S. Lau 2022-08-01 Dear fellow Chinese-speakers, this is the English grammar series you have been looking for. Never before have you found the grammar topics so thoroughly explained and exemplified, English-Chinese bilingually, that they all fit in a BIG picture for your easy manipulation, providing the edge you need to succeed in the English-speaking environment. Suitable for learners at the junior-high to high school levels. 繁體中文